

Food Pantries and Soup Kitchens

Alstead

Fall Mtn's Friendly Meals Soup Kitchen
Alstead Fire Station
835-2283 (Tu, Th 9&11)

Jaffrey

Compassion Food Pantry
48 Stratton Road
532-6131 or 532-4134
(Tu 4:30-6:30)

Peterborough

Monadnock Area Food Bank
All Saints Church Parish House
51 Concord Street
924-3202
(M 9-11, Tu 10-12, Sa 10-2)

Andrim

Andrim Food Pantry
Andrim Baptist Church
85 Main Street
588-6614 (Sa 10-12 or Call for emergency)

United Church of Jaffrey
54 Main Street
532-7047 or 532-7538
(Tu 10-11)

Richmond Community Food Pantry
30 Granite Hill Road
239-4494 (Call first)

Chesterfield

Joan's Food Pantry
Ashbury Methodist Highway 63
363-8348 (Sa 9-11)

Community Kitchen
35-37 Mechanic Street
352-3200 (Pantry:
W 12:30-5:30, Th 11:30-4)
(Soup Kitchen: M-F
5-6:30, Su 11-12:30)

Keene

Richmond Community Food Pantry
30 Granite Hill Road
239-4494 (Call first)

Greenfield

Greenfield Food Pantry
Greenfield CC Church
12 Depot Road
547-3626 (Sa 10-12)

Salvation Army
15 Roxbury Plaza
352-0607
(Tu, W, Th 10-11)

Helping Hands Center
Food Pantry
1 Depot Street
242-3007
(M-F 9:30-2, Sa 9:30-1)

New Ipswich

Sacred Heart Parish Food Pantry
878-0518 (Call first)

Walpole

St Peter's Food Pantry
38 Church Street
445-5213 (Sa 11-11:30)

*RINDGE Food Pantry
Thursdays 3-7
398-2211*

Prepared Meals Programs for the Elderly

(C=Congregate and HD=Home delivered)

Alstead

Fall Mtn Friendly Meals
Alstead Fire Station
835-2283
(C Tu, Th 11am & HD)

Hancock

Senior Nutrition
Sergeant Center
36 Sergeant Camp Rd
525-3311 (C)

Keene

Central Square Terrace
5 Central Square
352-7525 or 352-2253
(C&HD)

Andrim

Andrim Village
St Joseph Comm. Serv.
6 Aiken Street
588-3069 (C)

Hinsdale

Hinsdale Friendly Meals
Community Center
Main Street
336-7087 (C&HD)

Harper Acres

Friendly Meals
105 Castle Street
357-4589 (HD)

Homeless Emergency Services

The Homeless Hotline: 1-800-852-3388

NH Legal Assistance-Homeless Advocacy: Town/City welfare rights, shelter rights, accessing services, etc. 1-800-562-3174, 668-2900, and Fax: 625-1840

Bureau of Adult and Elderly Services: A social worker can help the individual or family find alternative housing, transportation, meals and homemaking services. 1-800-351-1888

Veterans Administration: Referral resource for homeless veterans.
www.vetnet.va.gov, 1-800-892-8384 and 624-4366

Child and Family Services: Transitional program for homeless individuals ages 18-21. 1-800-640-6486

National Runaway Switchboard: Shelter referrals for teens, etc.
1-800-RUN-AWAY (1-800-786-2929)

Homeless Shelters

Keene

SCS Homeless Services
63 Community Way
352-7512

Peterborough

Monadnock Area
Transitional Shelter
924-5033

Keene Housing Authority

831 Court Street
352-6161 or 352-6268

The River Center

44 & 46 Concord Street
924-6800

Legal Services

Free Legal Services to Low-Income Persons: NH Pro-Bono 1-800-639-5290

Hearings on Utility Shutoffs: Public Utilities Commission 1-800-852-3793

Lawline Free Legal Advice: NH Bar Association 1-800-868-1212

NH Legal Assistance: Fair Housing Project 1-800-921-1115 or 669-4960

NH Attorney General: 271-3658 or 271-3655

Civil Legal Services For Low-Income Persons: 1-800-517-0577

NH Victims' Assistance Commission Department of Justice: Victims of violent crimes may apply for compensation from NHVAC 1-800-300-4500

Medical Assistance

Medicaid Service Questions: 1-800-852-3345

NH Healthy Kids: 1-877-464-2447

Maternal and Child Health Care: 1-800-852-3345 x 4517

Prescription Assistance:

- NH Senior Discount Program (NH Residents ages 65+) **1-888-580-8902**
- Veterans Prescription Program (for eligible veterans and certain dependents and survivors of veterans) **1-800-892-8384 x3199**
- The Medicine Program: **1-800-694-3893**
- Health Link: **524-7171**
- Medication Connection: **527-7011**
- Medicare Part D Service Link: **528-6945**
- Partnership for Prescription Assistance: **1-888-477-2669**
- Health First Family Care: **934-0177** or **366-1070**
- Maternal and Child Health: **1-800-852-3345 x4517**
- \$4.00 Prescription Plan: **At your local department store pharmacy**
- NH Medication Bridge Program: **1-800-852-3456**

Dental Assistance

For Medicaid Clients ONLY: 1-800-852-3345 x4344 or x8069

NHTI Dental Hygiene Clinic: Services include x-rays, cleaning, fluoride treatments, sensitivity treatments, sealants, nutrition counseling, and dental education. **271-7160**

Other Programs

Adult Education: NH Department of Education: **271-6699**

NH Housing Finance Authority: HUD Section 8 low-income housing. **1-800-439-7247**

Home Budgeting: Consumer Credit Counseling Services **1-800-327-6778**

Free/Reduced Cost Pet Neutering/Spaying: NH Dept. of Agriculture **271-3697**

Free Cell Phone: Safelink Wireless and Lifeline are offering free cell phones and 68 monthly minutes of call time. **SafeLink.com** or **1-800-SAFE LINK (1-800-723-3546)**

NH Catholic Charities: Statewide human services agency provides counseling, information and referral, support groups and institutional health care for individuals and families throughout NH. **1-800-562-5249**

Monadnock Region ServiceLink Resource Center:

Phone: **357-1922** Fax: **352-9365**

Nutrition Education: Cheshire County UNH-CENC **325-4550**

NH Food Bank-Cooking Matters: **669-9725** or **www.nhfoodbank.org**

Keene District Office

809 Court Street

Keene, NH 03431-1712

Phone: 603-447-3841 or 1-800-624-9700

Fax: 603-352-2598

Towns Served

Alstead, Antrim, Ashuelot, Bennington, Chesterfield, Deering, Dublin, Fitzwilliam, Frankestown, Gilsum, Greenfield, Hancock, Harrisville, Hinsdale, Jaffrey, Keene, Lyndeborough, Marlborough, Marlow, Nelson, New Ipswich, Peterborough, Richmond, Rindge, Roxbury, Sharon, Spoffard, Stoddard, Sullivan, Surry, Swanzey, Temple, Troy, Walpole, Westmoreland, Winchester, Windsor

Town Welfare Offices

<u>Alstead</u> 835-2986	<u>Francestown</u> 547-3469	<u>Keene</u> 357-9809	<u>Richmond</u> 239-4232	<u>Swanzey</u> 352-7411
<u>Antrim</u> 588-6785 x226	<u>Gilsum</u> 357-0320	<u>Lyndeborough</u> 654-5955	<u>Rindge</u> 899-5181	<u>Temple</u> 878-2536
<u>Bennington</u> 588-2189	<u>Greenfield</u> 547-3442	<u>Marlborough</u> 876-4703	<u>Roxbury</u> 352-4903	<u>Troy</u> 242-7722
<u>Chesterfield</u> 363-4624	<u>Hancock</u> 525-4441	<u>Marlow</u> 446-2245	<u>Sharon</u> 924-9250	<u>Walpole</u> 756-3672
<u>Deering</u> 464-3248	<u>Harrisville</u> 827-3431	<u>Nelson</u> 847-0047	<u>Stoddard</u> 446-3326	<u>Westmoreland</u> 399-4471
<u>Dublin</u> 563-8544	<u>Hinsdale</u> 336-5710	<u>New Ipswich</u> 878-2772	<u>Sullivan</u> 847-3391	<u>Winchester</u> 239-6233
<u>Fitzwilliam</u> 585-7723	<u>Jaffrey</u> 532-7445	<u>Peterborough</u> 924-8000 x100	<u>Surry</u> 352-3075	<u>Windsor</u> 478-3292

Community Action Program

Southwestern Community Services

63 Community Way

Keene

352-7521

www.scshepls.org

NH Employment Security

Keene Branch

Manager Joel Slutsky

109 Key Road, Keene

Phone: **352-1904** or Email:

Joel.Slutsky@nhes.nh.gov